



## ESTATE FIRST LAWYERS

THE ESTATE PLANNING EXPERTS

### APPENDIX A: If you need further assistance

#### 13 HEALTH

13 HEALTH is a confidential phone service that provides health advice to Queenslanders.

The service can direct you to a local GP who can provide advice and assistance to complete an enduring power of attorney or advance health directive form.

You can talk to a registered nurse 24 hours a day, 7 days a week for the cost of a local call.

Tel: **13 43 25 84**

#### Elder Abuse Helpline

Call the Elder Abuse Helpline for free and confidential advice for anyone experiencing elder abuse or who suspects someone they know may be experiencing elder abuse.

Tel: **1300 651 192**

Monday to Friday, 9am to 5pm.

#### 1800RESPECT

1800RESPECT is the national, confidential online and telephone counselling, information and referral service available 24 hours a day, 7 days a week. 1800RESPECT is funded by the Federal Government and delivered by Medibank Health Solutions.

Tel: **1800 737 732**

#### Office of the Public Guardian (OPG)

Learn more about the guardianship system and how OPG can help protect adults with impaired decision-making capacity.

[www.publicguardian.qld.gov.au](http://www.publicguardian.qld.gov.au)

Tel: **1300 653 187**

#### Public Trustee

The Public Trustee can provide independent personal financial administration services.

[www.pt.qld.gov.au](http://www.pt.qld.gov.au)

Tel: **1300 360 044**

Monday to Friday, 8:30am to 5pm.

#### Queensland Law Society

For information about finding a solicitor for legal advice: [www.qls.com.au](http://www.qls.com.au)

Tel: **1300 367 757**

Monday to Friday, 8:30am to 5pm.

#### Community legal centres

Call or visit your nearest community legal centre, Seniors Legal and Support Service or specialist legal centre for people with disability or mental illness. Community legal centres can provide free legal advice for your situation. You can find local legal help at:

[www.communitylegalqld.org.au](http://www.communitylegalqld.org.au)

Tel: **07 3392 0092**

#### Queensland Civil and Administrative Tribunal (QCAT)

Applications for guardianship and administration, as well as applications regarding capacity and attorneys can be made at QCAT.

Information about making an application to QCAT is available at:

[www.qcat.qld.gov.au](http://www.qcat.qld.gov.au)

Tel: **1300 753 228**

Monday to Friday, 8:30am to 3pm.

#### Aged and Disability Advocacy Australia (ADA Australia)

ADA Australia provides free and confidential advocacy services to older people and people with disability across Queensland.

[www.adaaustralia.com.au](http://www.adaaustralia.com.au)

Tel: **1800 818 338**

Monday to Friday, 9am to 4pm.

#### Queensland Human Rights Commission

The Queensland Human Rights Commission is an independent government agency where you can make complaints of discrimination, sexual harassment, vilification, victimisation and breaches of human rights.

[www.qhrc.qld.gov.au](http://www.qhrc.qld.gov.au)

Tel: **1300 130 670**

#### My Aged Care

My Aged Care is the Australian Government's starting point to find and access government-funded aged-care services, including services you can receive at home.

[www.myagedcare.gov.au](http://www.myagedcare.gov.au)

Tel: **1800 200 422**

Monday to Friday, 8am to 8pm.

#### If you need an interpreter



If you have difficulty understanding this publication and need language assistance, please call **13QGOV (137468)**, ask for an interpreter and ask them to telephone any of the agencies in Appendix A.

#### If you are deaf or have a hearing or speech impairment



Use the National Relay Service to phone any of the agencies in this section.

For more information visit:

[www.communications.gov.au/accesshub](http://www.communications.gov.au/accesshub)